1 small container of baby tomatoes

1 Celery

1 Cucumber

1 Italian parsley

4 carrots

3 extra-large avocados (3/$4)

1 green pepper

1 red pepper

2 servings zucchini or yellow squash

1 1/4 lb. broccoli

1 cauliflower

1 yellow onion

6 servings of fruit:

Grapes ($1.47/lb.)

Yellow peaches ($1.99/lb.)

1 loaf sliced bread

1 bag of bagels

1 Naan bread

2 Boboli pizza crusts (original or thin crust)

1 jar of Best Foods Mayonnaise (if on sale)

2 boxes 32 oz. Swanson low-sodium chicken broth (or equivalent in cans)

8 oz. sliced mushrooms

Medium hot salsa

1 medium-grain Calrose rice

1 package semi-sweet chocolate chips (if on sale)

About 12 corn tortillas

Cheese sticks

Master Cut Boneless Skinless Chicken Thighs ($1.99/lb.)

2 gallons skim milk

4 Yogurts (blueberry, strawberry, cherry, peach, peach mango)

Cheerios cereal

Reach floss (mint waxed)